



**COLETTE STRATEGIC SOLUTIONS**

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### EXECUTIVE LEADERSHIP COACHING

Aimed at assisting senior leaders, such as executives, CEOs and other high-ranking professionals, improve their leadership skills, enhance their decision-making and increase their overall effectiveness within the organisation. It's a tailored, one-on-one process that addresses the unique challenges executives face, such as managing complex responsibilities, leading large teams and driving organisational change.

### TEAM COACHING

Designed to improve the performance, collaboration and the dynamics of a team. Unlike individual coaching, team coaching emphasises the collective performance and development of the entire team. The focus is to align team members, enhance communication, build trust and create synergy so the team can function more effectively and achieve its objectives.

### TRADITIONAL COACHING

Focuses on helping individuals navigate significant changes in their professional lives. This type of coaching is particularly valuable during transitions such as promotions, lateral move, demotions, partial retirement, etc. These transitions often come with emotional, mental, and practical challenges and transition coaching can help individuals navigate them effectively.

● Highly effective when combined with our Team Effectiveness Programme

## Why choose us?

*"We thrive on bringing out the best in individuals and teams and we are driven by a deep commitment to positive, lasting outcomes"*

At Colette Strategic Solutions, we are fully dedicated to providing outstanding value to our clients and facilitating significant transformation.